

SOCIAL DISTANCING ACTIVITIES



Read outside

Take a walk

Deep clean your car

Look through old photos

Declutter room by room

Take a nap

Make dinner as a family

Eat dinner as a family

Deep clean room by room

Start working on your to-do list

Do an art/craft project

Create a photobook

Clean out your phone

Delete unused apps

Transfer photos to your computer

Clean out your computer files

Clean-up/declutter your Facebook

Organize your photos on your computer

Play board games

Family Q & A

Learn a new card game

Try a new recipe

Eat dinner outside

Have a picnic in your yard

Go on a bike ride

Re-arrange furniture

Prune trees

Water plants

Unsubscribe from unwanted emails

Clean windows

Deep clean towels

Create a vision board

Write a bucket list

Paint your nails

Learn something new

Exercise

Meditate

Start a gratitude journal

Unplug from social media

